



Date: 19/03/20

COVID-19 guidance

Dear Sir/Madam,

As I'm sure you are aware due to the outbreak of COVID-19 the government are recommending self-isolation and movement restrictions to vulnerable groups, this may well expand to the general population in the future. We are aware that this will likely mean cancellation of non-essential appointments and visitors. We are continuing to offer one to one home visits at this point, although I'm sure you are aware the government advice is changing daily. Please see our guidance on Video consultations also attached.

As a service we are keen that people continue to move/exercise and are able to access a Physiotherapist should they wish to. Please be assured we are taking the measures below to ensure these appointments are low risk:

1. All staff to wash hands on entry to the home.
2. Minimal use of exercise equipment within sessions, any equipment used will be cleaned prior to and after use.
3. Screening of all patients to ensure no recent contact with anyone affected by COVID-19 or cold/flu-like symptoms.
4. Any staff affected by these symptoms will be self-isolating as per government guidelines.
5. If you feel unwell, please contact us, there will be no charge to cancel the appointment.

Please be assured your health is our highest priority, should you need any extra support our team will endeavour to help as best they can.

Kind regards,

Adam & Team.



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